

## CAREER

April 2023- Dato	<ul style="list-style-type: none"> <li>○ Praxis Benson-Martin, Engelsbrand, Germany</li> <li>○ Psychodynamic psychotherapy, Praxis Schrauth, Tiefenbronn, Germany</li> <li>○ Guest Lecturer at University of Heidelberg, Institute of Global Health for the 'Master of Science in International Health'.</li> </ul>
April 2021 - March 2023	<ul style="list-style-type: none"> <li>○ German Specialist Training ,Fachärztin für Psychiatrie u. Psychotherapie': WB-Assistentin Neurology (Herr A. Rivoir), MVZ Anthromed <u>Centrum für Integrative Medizin gGmbH</u>, Öschelbronn, Germany</li> </ul>
Jan 2021 - Dec 2022	<ul style="list-style-type: none"> <li>○ German Specialist Training ,Fachärztin für Psychiatrie u. Psychotherapie ' : WB-Assistentin in the Praxis f. Psychotherapy Dr. N. Schrauth (Tiefenpsychologisch fundierte Psychotherapie, Tiefenbronn, Germany</li> </ul>
2016 - 2021 March - March	<ul style="list-style-type: none"> <li>○ Public Health Doctor in the District Health Services/ Gesundheitsamt Enzkreis - Pforzheim, Germany, with a focus on Migration and Mental Health; Lead on the Development of a Mental Health Programme for Refugees in Pforzheim and Böblingen Ba-Wü: ,Mind-Spring '(Psychosocial Mental Health Group Sessions)</li> <li>○ German Registrar Training as Public Health Specialist (Weiterbildung für Öffentliches Gesundheitswesen)</li> <li>○ Academic Affiliate (Part-Time) at the Institute of Public Health, Ruprecht-Karls-Universität Heidelberg, Germany, Teaching of Medical students in Mental Health and Resilience Topics, Heidelberg Institute of Global Health, Ruprecht-Karls-University Heidelberg, Germany</li> </ul>
2015 - 2016 Jan - Feb	<ul style="list-style-type: none"> <li>○ Research assistant (Part-Time): University of Cape Town (South Africa) und University of Würzburg (Germany)</li> </ul>
2010 - 2014 Jan - Dec	<ul style="list-style-type: none"> <li>○ Consultant Psychiatrist- General Psychiatry, Female Admissions Unit &amp; Community Psychiatry, Lead Psychiatrist ECT (Electroconvulsive Therapy) Services, Valkenberg Psychiatric Hospital, Cape Town, South Africa.</li> </ul>
2009 Aug - Dec	<ul style="list-style-type: none"> <li>○ Consultant Psychiatrist – Community Psychiatry Metro West District, Cape Town, South Africa</li> </ul>
2009 Feb - July	<ul style="list-style-type: none"> <li>○ Consultant Psychiatrist – General Psychiatry, Lentegeur Hospital, Cape Town, South Africa, Including clinical psychiatric treatment, psychological treatment, Co-Lead DBT Group Therapy Sessions</li> </ul>
2005 - 2009 Feb - Jan	<ul style="list-style-type: none"> <li>○ Specialisation Training (Psychiatry), University of Cape Town, Cape Town, South Africa</li> </ul>
2004 Oct - Dec	<ul style="list-style-type: none"> <li>○ Senior House Officer, Capio Nightingale Psychiatry Hospital, Liverpool, UK (Locum)</li> </ul>
2004 Jun - Aug	<ul style="list-style-type: none"> <li>○ House Officer, Frauenklinik, Spital Wetzikon, Wetzikon, Switzerland</li> </ul>
Oct. 2003 - May 2004	<ul style="list-style-type: none"> <li>○ Research Fellow (Dr. med.), Department of Obstetrics and Gynaecology, Obstetrics Research Unit, Universitätsspital Zürich, University of Zürich, Switzerland</li> </ul>
2003 June - July	<ul style="list-style-type: none"> <li>○ Senior House Officer, Saltburn Hospital, Middleborough, UK (locum)</li> </ul>
2003 Feb - Mar	<ul style="list-style-type: none"> <li>○ Senior House Officer, Old Age Psychiatric Unit, East Glamorgan Mental Health Unit, Wales, UK (locum)</li> </ul>
2002 Jan - Dec	<ul style="list-style-type: none"> <li>○ Senior House Officer (Community Service), Fort England Psychiatric Hospital &amp; Settlers Hospital, Grahamstown, South Africa</li> </ul>
2001 Jan - Dec	<ul style="list-style-type: none"> <li>○ Internship, East London Hospital Complex, Frere Hospital, South Africa</li> </ul>

## PUBLICATIONS AND PRESENTATIONS

1. Gebresilassie T, Beiersmann C, Ziegler S, Keck V, Kidane YS, Jahn A & **Benson-Martin JJ**. Mental Wellbeing and Social Resilience of Eritrean Refugees Living in Germany. *Int J Environ Res Public Health*, September 2022.
2. Kidane K, Ziegler S, Keck V, **Benson-Martin JJ**, Jahn A, Gebresilassie T & Beiersmann C. Eritrean Refugees' and Asylum-Seekers' Attitude towards and Access to Oral Healthcare in Heidelberg, Germany: A Qualitative Study. *Int J Environ Res Public Health*, November 2021.
3. Perplies C, Biddle L, **Benson-Martin JJ**, Joggerst B & Bozorgmehr K. Förderung der psychischen Gesundheit von geflüchteten Menschen: Erkenntnisse aus der Implementierung eines gruppenbasierten Peer-Ansatzes im kommunalen Setting. *Prävention und Gesundheitsförderung*, September 2021.
4. Asfaw BB, Beiersmann C, Keck V, Nikendei C, **Benson-Martin JJ**, Schütt I & Lohmann J. Experiences of Psychotherapists working with Refugees in Germany: a qualitative study. *BMC Psychiatry*, (2020) 20:588.
5. **Benson-Martin JJ**. Einführung eines Programmes zur Förderung der psychischen Gesundheit von Geflüchteten in zwei Landkreisen in B-W, Poster Presentation. 4. Symposium des Zukunftsforum Public Health, Robert Koch Institut, Berlin, Januar 2020.
6. **Benson-Martin JJ**, Edwards A & Joggerst B. A Refugee Mental Health Psycho-Social Support Programme in a Health District in Southern Germany. Gründung des Zentrums für Öffentliche Gesundheitswesen und Versorgungsforschung (ZÖGV), Universitätsklinikum Tübingen, Oktober 2019.
7. **Benson-Martin JJ**. Workshop: 'Involving Migrants in Mental Health' International Society of Travel Medicine (ISTM) 1<sup>st</sup> International Conference on Migration Health, Rom, November 2018.
8. **Benson-Martin JJ**. Guest Speaker: 'Psychische Auswirkungen von Migration und Flucht auf Familien' und Leiterin des Workshops: 'Herausforderungen der Arbeit mit geflüchteten Jugendlichen' und 'Fallbesprechung: psychischen Belastungen von geflüchteten Jugendlichen'. Familie und Erziehung aus der transkulturellen Perspektive: Fachtag zu praxisorientierten Ansätzen in der Arbeit mit Familien aus unterschiedlichen kulturellen Hintergründen. Herrenberg, Landkreis Böblingen, April 2018.
9. **Benson-Martin JJ**, Edwards A, Joggerst B. A Refugee Mental Health Psycho-Social Support Programme in a Health District in Southern Germany Poster at the 9<sup>th</sup> International Symposium Global Mental Health, Mental Health in Developing Countries, München, October 2017
10. **Benson-Martin JJ**, Edwards A, Joggerst B. Determining the Psycho-Social & Mental Health Needs of a Refugee Population in Pforzheim/Enzkreis: First Results Poster Presentation at the 68. Wissenschaftlicher Kongress des BZÖGD, Junie 2017
11. **Benson-Martin JJ**, Cherunya J, Edwards A, Joggerst B. Needs Assessment for a Refugee Mental Health Programme in Southern Germany: Methodology and Experiences Poster Presentation at the 8. International Symposium Global Mental Health, Mental Health in Developing Countries, October 2016
12. **Benson-Martin JJ**, Joggerst B, Marx M. Determining the Mental Health and Psycho-Social Needs of a Refugee Population in a Health District in Southern Germany Presentation at the World Psychiatric Association International Congress, November 2016
13. **Benson-Martin JJ**, Stein DJ, Baldwin DS, Domschke K. Genetic mechanisms of electroconvulsive therapy response in depression. *Human psychopharmacology*. May 2016;31(3):247-51. Epub 2016/04/12.
14. **Benson-Martin, J. J.**, Milligan, P.: A Survey of the Practice of Electroconvulsive Therapy in South Africa, *J ECT*, 31(4):253-7, December 2015.

15. **Benson-Martin, J. J.**, Milligan, P. 2013. The Scope of ECT Practice in South Africa. Oral Presentation at the South African Society of Psychiatrists (SASOP) Biological Psychiatry Congress, Wild Coast Sun, Port Edward, South Africa, August 2013. (Peer reviewed)
16. **Benson-Martin, J. J.**, Milligan, P. 2013. ECT Practice in South Africa. Poster at the 3<sup>rd</sup> Annual Malawian Mental Health Research & Practice Development Conference, Mzuzu, Malawi, April 2013. (Peer reviewed)
17. University of Cape Town General Practitioner's Update *Lecture Series* (2011 & 2012): Women's Mental Health (2011); Trauma & PTSD (2012)
18. **Benson-Martin, J.J.**: Management of trauma and PTSD, *CME*, 30(4): 118-121, 2012
19. **Benson-Martin, J.J.** 2010. Anxiety Disorder Treatments: An Overview. Poster at the International Anxiety Disorders Symposium, Spier Estate, Stellenbosch, South Africa, May 2010. (Peer reviewed)
20. Book Review by **Benson-Martin JJ.** 2010. Generalized anxiety Disorder across the Lifespan: An Integrative Approach, by Micheal E. Portman. Reviewed in: *The South African Medical Journal*, 100:1, January 2010.
21. Book Chapter by **Benson-Martin, J.J.**, Stein, D.J. and Hollander, E. 2009. Anxiety Disorders. *Encyclopedia of Neuroscience*, 1:493-497
22. **Benson-Martin, J.**, Zammeretti, P., Bilic, G., Schweizer, T., Portmann-Lanz, B., Burkhardt, T., Zimmermann, R. & Ochsenbein-Kölbl, N.: The Young's modulus of fetal preterm and term amniotic membranes. *European Journal of Obstetrics & Gynecology and Reproductive Biology*, 128(1-2): 103-107, 2006
23. **Benson-Martin, J.J.** 2004. The Young's Modulus of Fetal Pre-Term and Term Membranes. Poster at the SGGG Conference (Swiss Society for Gynaecology and Obstetrics Meeting), Interlaken, Switzerland, June 2004. (Peer reviewed)
24. **Benson-Martin, J.J.** 2004. Elastic Properties of Pre-Term and Term Amnion Membranes. Oral Presentation at the IFMSS Conference (International Fetal Medicine and Surgery Society), Charleston, South Carolina, USA, March 2004. (Peer reviewed)

## GRANTS & EXTERNAL FUNDING

1. Financing of the psycho-social project for refugees 'Mind-Spring' by the Foundation for Health Prevention Baden-Württemberg, Stiftung für gesundheitliche Prävention Baden-Württemberg (praeventionsstiftung-bw.de), 2021-2024
2. Funding from the Deutsche Kinder und Jugendstiftung- ,Willkommen bei Freunden' for Financing of a psycho-social Programme for Refugees, 2017
3. Financial Support from the EU Marie Curie International Staff Exchange Scheme Grant for the European South African Research Network in Anxiety Disorders (EUSARNAD) (PIRSSES-GA-2010-269213), 2014
4. UCT Research Development Grant, 2014
5. The University of Cape Town (UCT) Start Up Grant, 2010

